



**January**  
**New Year's Day**  
**Martin Luther King Jr. Day**

**ACTIVITY LOCATION KEY**

TV: TV Room  
 AL: Assisted Living side  
 AL-DR: Assisted Living Dining Rm  
 TR: Theater Room on AL side  
 Out: Outing  
 FSR: Four Season's Room AL

## Activity Calendar & Social Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1 MORNING</b> BREAKFAST EXERCISE WHATS YOUR NEW YEARS RESOLUTION?	<b>2 MORNING</b> BREAKFAST EXERCISE GROUP PENNY IN	<b>3 MORNING</b> BREAKFAST EXERCISE GROUP PRETTY NAILS	<b>4 MORNING</b> BREAKFAST EXERCISE GROUP 10AM KEVIN HILL	<b>5 MORNING</b> BREAKFAST EXERCISE GROUP BALLOON VOLLEYBALL
		<b>AFTERNOON</b> LUNCH BINGO BLAST REST & RELAX	<b>AFTERNOON</b> LUNCH 1 CATHOLIC PRAYER HOLIDAY MOVIE REST & RELAX	<b>AFTERNOON</b> LUNCH PAINTING THERAPY REST & RELAX	<b>AFTERNOON</b> LUNCH SWEET TREAT SOCIAL REST & RELAX	<b>AFTERNOON</b> LUNCH PASS THE TRASH REST & RELAX
		<b>EVENING</b> HAPPY HOUR DINNER  HAPPY NEW YEAR	<b>EVENING</b> HAPPY HOUR DINNER	<b>EVENING</b> HAPPY HOUR DINNER	<b>EVENING</b> HAPPY HOUR DINNER  HAPPY BIRTHDAY BUD	<b>EVENING</b> HAPPY HOUR DINNER

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>6 MORNING BREAKFAST</b> EXERCISE GROUP SUNDAY COUPONS	<b>7 MORNING BREAKFAST</b> EXERCISE GROUP UNO CHECKERS	<b>8 MORNING BREAKFAST</b> EXERCISE GROUP #645 REMEMBER WHEN	<b>9 MORNING BREAKFAST</b> EXERCISE GROUP 10AM U OF L MUSIC THERAPY	<b>10 MORNING BREAKFAST</b> EXERCISE GROUP PRETTY NAILS	<b>11 MORNING BREAKFAST</b> EXERCISE GROUP LIFE STORIES GAME	<b>12 MORNING BREAKFAST</b> EXERCISE GROUP BALLOON VOLLEYBALL
<b>AFTERNOON LUNCH</b> 2PM SPIRITUAL SERVICES REST & RELAX	<b>AFTERNOON LUNCH</b> 130 JOYRIDE COFFEE & CONVERSATION REST & RELAX	<b>AFTERNOON LUNCH</b> INDIVIDUAL ROOM VISITS REST & RELAX	<b>AFTERNOON LUNCH</b> 1 CATHOLIC PRAYER REST & RELAX	<b>AFTERNOON LUNCH</b> BINGO BLAST REST & RELAX	<b>AFTERNOON LUNCH</b> ICE CREAM SOCIAL REST & RELAX	<b>AFTERNOON LUNCH</b> SING A LONG STROLL THROUGH MAG SPRINGS VISIT BISTRO REST & RELAX
<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>  HAPPY BIRTHDAY DENISE!

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>13 MORNING BREAKFAST</b> EXERCISE GROUP COFFEE CHAT	<b>14 MORNING BREAKFAST</b> EXERCISE GROUP GET TO KNOW THY NEIGHBOR	<b>15 MORNING BREAKFAST</b> EXERCISE GROUP #645 REMEMBER WHEN	<b>16 MORNING BREAKFAST</b> EXERCISE GROUP 10 AM U OF L MUSIC THERAPY	<b>17 MORNING BREAKFAST</b> EXERCISE GROUP PRETTY NAILS	<b>18 MORNING BREAKFAST</b> EXERCISE GROUP FINISH THE PHRASE	<b>19 MORNING BREAKFAST</b> EXERCISE GROUP BALLOON VOLLYBALL
<b>AFTERNOON LUNCH</b> 2PM SPIRITUAL SERVICES REST & RELAX	<b>AFTERNOON LUNCH</b> 11 LUNCH SAFETY MEETING REST & RELAX	<b>AFTERNOON LUNCH</b> COOKING CLASS REST & RELAX	<b>AFTERNOON LUNCH</b> 1 CATHOLIC PRAYER BINGO REST & RELAX	<b>AFTERNOON LUNCH</b> PAINTING THERAPY REST & RELAX	<b>AFTERNOON LUNCH</b> WINE AND CHEESE SOCIAL REST & RELAX	<b>AFTERNOON LUNCH</b> DENISE'S CHOICE POPCORN PARTY REST & RELAX
<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>  HAPPY BIRTHDAY RAEGAN!	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>  NATIONAL POPCORN DAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>20 MORNING BREAKFAST</b> EXERCISE GROUP TRIVIA TIME	<b>21 MORNING BREAKFAST</b> EXERCISE GROUP TODAY IN HISTORY	<b>22 MORNING BREAKFAST</b> EXERCISE GROUP PODIATRIST VISIT	<b>23 MORNING BREAKFAST</b> EXERCISE GROUP KENTUCKY HISTORY	<b>24 MORNING BREAKFAST</b> EXERCISE GROUP PRETTY NAILS	<b>25 MORNING BREAKFAST</b> EXERCISE GROUP PENNY IN	<b>26 MORNING BREAKFAST</b> EXERCISE GROUP SPELLING CONTEST
<b>AFTERNOON LUNCH</b> 2PM SPIRITUAL SERVICES REST & RELAX	<b>AFTERNOON LUNCH</b> 130 JOYRIDE BINGO REST & RELAX	<b>AFTERNOON LUNCH</b> LIFE STORIES GAME REST & RELAX	<b>AFTERNOON LUNCH</b> 1 CATHOLIC PRAYER BINGO REST & RELAX	<b>AFTERNOON LUNCH</b> PUZZLE & CARDS REST & RELAX	<b>AFTERNOON LUNCH</b> JANUARY BIRTHDAY CELEBRATION REST & RELAX	<b>AFTERNOON LUNCH</b> KURPLUNK GAME WLAKING CLUB REST & RELAX
<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>  MARTIN LUTHER KIND JR. DAY  HAPPY BIRTHDAY KATIE!	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>  HAPPY BIRTHDAY SARAH!	<b>EVENING HAPPY HOUR DINNER</b>	<b>EVENING HAPPY HOUR DINNER</b>

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>		
<b>27 MORNING</b> BREAKFAST EXERCISE GROUP COUNT YOUR BLESSINGS	<b>28 MORNING</b> BREAKFAST EXERCISE GROUP GET TO KNOW YOUR NEIGHBOR	<b>29 MORNING</b> BREAKFAST EXERCISE GROUP BALL TOSS	<b>30 MORNING</b> BREAKFAST EXERCISE GROUP #032 SIMILIES	<b>31 MORNING</b> BREAKFAST EXERCISE GROUP PRETTY NAILS		
<b>AFTERNOON</b> LUNCH 2PM SPIRITUAL SERVICES REST & RELAX	<b>AFTERNOON</b> LUNCH 11 LUNCH OUTING BINGO REST & RELAX	<b>AFTERNOON</b> LUNCH BAKE A CAKE REST & RELAX	<b>AFTERNOON</b> LUNCH CATHOLIC SERVICES BINGO REST & RELAX	<b>AFTERNOON</b> LUNCH PAINT THERAPY REST & RELAX		
<b>EVENING</b> HAPPY HOUR DINNER	<b>EVENING</b> HAPPY HOUR DINNER	<b>EVENING</b> HAPPY HOUR DINNER  HAPPY BIRTHDAY VIRGINIA!	<b>EVENING</b> HAPPY HOUR DINNER	<b>EVENING</b> HAPPY HOUR DINNER		